

## ABSTRACT OF THE DISCLOSURE

A window balance shoe includes a downward depending pivoted arm that locks the height of the shoe on the jamb by catching in an opening in the jamb wall, or rotates out of the opening in the jamb wall and extends in a curved arm having a radius from the arm's pivot, through a hole that is through a horizontal platform on the shoe and through a hole in an arm supported by the platform, that pivots on and supports a bracket that is attached to the sash.